Reviewed: Jan 2024 Updated: May 2021



MRI ANKLE WITHOUT CONTRAST

Scan Range	Variable according to area of interest/ body part.					
FOV	**Fits to patient/ body part.					
Position	Supine. Place in foot coil so metatarsals near center.					
Localizer	3 plane scout localizer					
NOTES	REMOVE SOCKS or STOCKINGS if any					
	**MUST EXPAND FOV on Achilles tendon tears to include the musclulotendinous junction					

PLANE	SEQUENCE	FAT SAT	MODE	SLT/SP	FOV	NOTES
Axial	T1				14 - 16 cm	
Axial	T2	Υ			16 cm	
Sagittal	STIR				16 cm	
Sagittal	T1				16 cm	
Coronal	PD	Υ			16 cm	

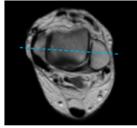
POSITIONING AND PLANES

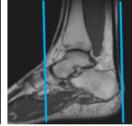




Axial imaging

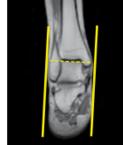
- Perpendicular to COR and SAG
- Cover from 3-4 Slices above the inferior margin of the tibiotalar joint down as far as the slices go





Coronal imaging

- Use axial LOC and angle perpendicular to the inner cortex of the medial malleolus
- Use sagittal LOC and angle parallel to distal tibial shaft and cover from the talonavicular joint to at least 2 slices posterior to the talus



Sagittal imaging

- Perpendicular to COR
- Angled perpendicular to talar dome
- Cover at least 1 slice out of both malleoli
- All of the plantar soft tissues should be included in the FOV