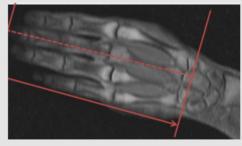
Reviewed: Jan 2025 **Updated: Nov 2023** 



# MRI HAND WITHOUT CONTRAST

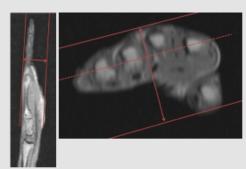
Scan Range				Variable according to area of interest/ body part.	
FOV				Fits to patient/ body part.	
Position				PRONE and patient in Superman position if possible	
Localizer				3 plane scout localizer	
PLANE	SEQUENCE	FAT SAT	FOV		NOTES
Axial	T1		12 - 16 cm		angle parallel to long axis of wrist from cor loc
Axial	T2	Υ	12 - 16 cm		angle parallel to long axis of wrist from cor loc
Axial	STIR		12 - 16 cm		perpendicular to axials
Sagittal	PD	Υ	12 - 16 cm		angle parallel to radius/lunate/capitate alignment
Coronal	T1		12 - 16 cm		angle parallel to radius/lunate/capitate alignment
Coronal	PD	Υ	12 - 16 cm		angle parallel to radius/lunate/capitate alignment

## **Image Plane Precriptions:**



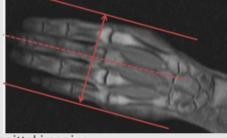
### Axial imaging

- Use COR LOC and angle perpendicular to 3rd Digit
- · Cover from tip of finger to CMC joints



#### Coronal imaging

- Use Axial LOC and angle parallel to the 2nd-5th MCP joints, and try to cover through the majority of the thumb
- Use Sagittal LOC and angle parallel to 3rd digit and 3rd metacarpal



#### Sagittal imaging

- Perpendicular to Coronal and Axial Sequences
- Cover through all of the digits if the patient has non-localizable pain or if they are looking for a generalized arthritis (USE THICKER SLICES)
- If a digit is symptomatic, then cover through that digit and an adjacent digit (USE THINNER SLICES)